



Checklist for a ski holiday with children

Ski wear for children

- Hat/headband
- Scarf/ski mask/multifunctional scarf
- 2 pairs ski gloves
- Ski jacket and ski trousers or a snowsuit
- Long sleeve tops, e.g. fleece
- Tights/long pants
- Insulating functional base layers
- Ski socks

For the ski slope

- Ski/snowboard
- Ski poles
- Ski shoes/snowboard boots
- Ski helmet
- Ski glasses
- Toboggan
- Protectors

Away from the ski slope

- Winter jacket
- Weatherproof winter boots
- Slippers
- Hat
- Scarf
- Gloves
- Sunglasses
- Everyday clothing
- Swimming things

Ski holiday essentials

- Hot-water bottle
 - Nightlight
 - Refillable water bottle
 - Rucksack for the ski slope
 - Cereal bars or other high-energy snacks
 - Wind and weather protection cream
 - Sun protection
 - Alternative plan for bad weather
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