

# How to take care of your baby

*Changing, baby care & bathing*

## Go to bathing

- 2 soft bath towels, with cosy hood (if available)
- 1 baby bathtub and mild bath product made of natural ingredients, if necessary
- 1 bathwater thermometer

## Go to baby care

- 1 baby fever thermometer
- 1 pair of nail scissors for babies
- 1 mild baby cream for your baby's bottom & moisturising, if necessary
- 1 pack of safety cotton buds
- Baby oil made of natural ingredients, if necessary
- 1 baby brush

## Go to changing

- Nappies
- 8 washcloths or baby wipes, suitable for cleaning & drying baby's bottom
- 5 towels for use as a changing surface
- If using cloth nappies: Covers made of wool or microfibre, safety pins or clips
- Nappy pail & storage box

